

The University of Delaware's Chapter of
The Center for the Integration of
Research, Teaching and Learning (CIRTL)
invites you to our third

Future Faculty Conversation

Work-Life (Im)Balance

For Graduate students, balancing professional development in the form of teaching, community involvement and individual research while attempting to manage relationships, everyday concerns, physical and mental health, and have outside interests seems a nearly impossible task. As CIRTL's mission is to provide teaching-related professional development opportunities for graduate students and post-doctorates from all disciplines, this *Future Faculty Conversation Work-Life (Im)Balance* brings together students from various stages of their graduate career, faculty members, mental health professionals and campus advocacy groups to discuss the competing, often demanding, commitments of graduate school.

The event will feature a short presentation by the UD Center for Counseling & Student Development followed by a round style conversation, in which panelists discuss the importance of balance in completing their doctoral studies and how they were able to do so successfully while being mindful of their well-being. As future educators, it also addresses how to notice and manage when our students are struggling with their own imbalance affecting their schoolwork.

The round-table will feature: Dr. Mary Anne M. Lacour (PhD, Center for Counseling & Student Development), Dr. Jennifer Lobasz (Professor, Political Science & International Relations), Dr. Rose E. Muravchick (Assistant Director of the Center for Teaching & Assessment of Learning-CTAL and Religious Studies, PhD), Dr. Ryan Mieras (Recent PhD from Coastal Engineering), and Stijn Koshari (Member of EmPOWER and PhD Candidate in Biotechnology).

Please join us for this important and insightful conversation

Thursday, November 16th

from 11:00am to 12:30 PM

at Willard Hall 116.

Lunch and Beverages will be provided!

Please RSVP following the link below:

<http://www.udel.edu/004313>